

# WHAT TO AVOID DURING HEALING

- Do not apply makeup or lotion to the tattooed area (go around) for a minimum of 10 days. (and when you do, make sure your makeup is new and unused & brushes/pencils are clean & sanitized.
- Do not attempt to remove or pick at any scabbing, please allow the skin to heal itself as this can cause loss of pigment, unsatisfactory results and/or serious infection.
- Do not touch or rub the healing pigmented area unless your hands are sterile and washed, as this can create an infection.
- Do not pick, rub or scratch scabs! Avoid sleeping on face.
- Do not use Products that contain anti aging glycolic, lactic, AHA and retinol acids will fade your pigment faster over time. This includes anything with chemical exfoliants such as Retinol, Glycolic Acid, Salicylic Acid, etc.
- No long hot showers for 10 days, limit to 5 minutes
- No sun exposure, saunas, swimming, working out or hot tubs, heavy sweating for two weeks.
- Do not get Botox injections until your brows are fully healed in 30 days.
- No use of acid or manual exfoliants
- No use of any topicals other than healing cream
- No acne products or hydroxy acids
- No laser light therapy or Facials for 30 days
- No threading, waxing or hair removal products
- Keep pets away from your procedure area



Please be patient! Everyone heals differently. Trust the process and follow the after-care instructions to achieve optimum results.

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